

Parenting in the Digital World



Internet Safety Advice Online



internetmatters.org



saferinternet.org.uk



commonsensemedia.org



parentzone.org.uk

app's - games - social media - and beyond....

The above sites will allow you to keep up-to-date with all things digital.

Step by step guides on how to apply safety settings and filters on your home devices, games and app's (internet matters)
Parent reviews and advice (common sense media)
Parent advice, talking points and lots more (parent zone)
General help and information (uk safer internet centre)



Quick Links

Please use the links on this page to be taken to lots of step by step guides.



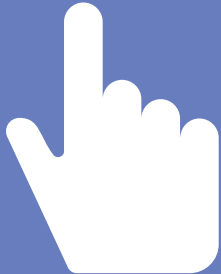
Parental Controls



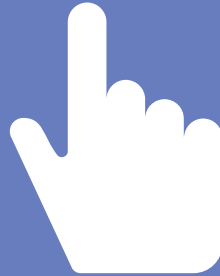
**Social Media
Privacy Guides**



**Broadband &
Mobile Networks**



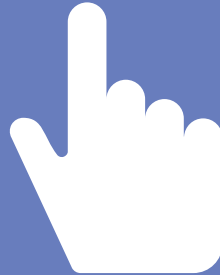
**Entertainment &
Search Engines**



**Gaming Consoles
& Platforms**



**Smartphones and
other Devices**



Guide to Apps



**Get kids tech
set up Safely**

**Just click on the
chosen hand icons!**



Initiative.org.uk



*You don't need to be a 'Tech' expert
to provide lots of help
and support!*

Little & Often is the way to go.....

Talking to your young people about what they like to do online and how they manage their digital life can be extremely beneficial.

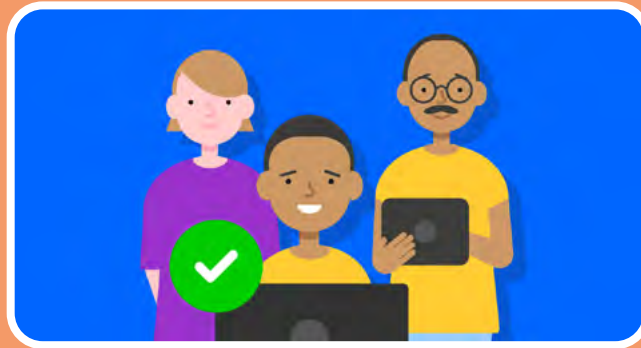
Showing an invested interest in your young peoples online life will not only educate you on what their up to but will also be a great way of you providing your own life experience and guidance.



Device Rules and Boundaries

To help families discuss and establish boundaries with their young people, in regards to online activity, screen time, apps, games and more.

You might want to check out these family agreement sheets.



Created by:

FOSI (The Family Online Safety Institute): [CLICK HERE](#)

Childnet: [CLICK HERE](#)

NSPCC: [CLICK HERE](#)

Internet Matters: [CLICK HERE](#)



Keeping children in care Safe Online



Digital Passport

**Helping children, young people and their carers make
the most of technology through relationship building
and communication!**

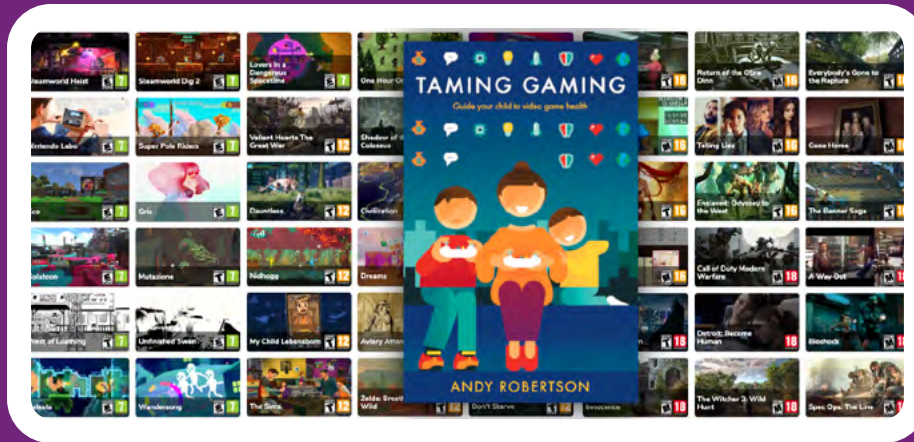
[View - Download - Print Here](#)



*Level up your knowledge
of the Gaming World!*

We understand that the gaming world is constantly evolving and keeping up can sometimes seem overwhelming.

The Taming Gaming - Family Video Game Database
will help you stay informed and up-to-date



[Visit Site Here](#)



#Ask The Awkward

Talking regularly with your child about relationships and sex can help develop shared understanding, trust and support between you. Talk little. Talk often. Ask The Awkward.

#ASKTHE
AWKWARD
EXPLORING
**SEX, SEXUALITY
AND IDENTITY**
ONLINE

[Visit Site Here](#)





Coping with a digital crash

Follow our next steps....



Keep Calm.....don't freak out!

If something has gone wrong in your young persons digital life, take reassurance that you know.....NOW YOU CAN HELP THEM!

Step 1:

Step 2:

Everything's going to be ok.

No matter how big or small the problem is, reassure your young person that everything is going to be ok. This will start things heading in the right direction.

Make a plan.....with them.

Undoubtedly your going to need to get some extra help at this point. It's important to involve your young person in this process.....don't shut them out!

Step 3:

Step 4:

Make sure they're happy.

Whatever you think will be your next steps, make sure your young person agrees. We want to make this process positive, in case things crash again in the future.

Help is just around the corner.....

or on the next few pages!



Looking for some extra support?



youngminds.org.uk



themix.org.uk



nspcc.org.uk

*There's lots of extra help out there,
free, friendly and supportive!*

If from time to time, you or your young people need a little bit of extra help or support. It's out there waiting for you and easy to find online.

The above groups will either help you directly or signpost you to others out there that will.

Get the support you deserve, if and when you need itSimple!



*Need to take things
a bit further?*

If you've found yourself in the position where things have got slightly out of your control or indeed you feel a young person is in danger.

Report it immediately!

The below organisations will be a great place to start.



ceop.police.uk



reportharmfulcontent.com



Childline Report Remove





**MAKE SURE YOUR
HOME DOESN'T HAVE
AN OPEN DOOR TO
CHILD SEXUAL
ABUSERS.**

DOWNLOAD THE TALK RESOURCE

**WHAT CAN PARENTS
AND CARERS DO?**



TALK to your child about online sexual abuse. Start the conversation – and listen to their concerns.

AGREE ground rules about the way you use technology as a family.

LEARN about the platforms and apps your child loves. Take an interest in their online life.

KNOW how to use tools, apps and settings that can help to keep your child safe online.



Simple steps to having an awesome *digital life!*

Please explore our advice series with your young people!

The aim of this growing series is to provide young people with some simple steps to having an awesome digital life!

Covering:

Interacting Online, Online Strangers, Cyber-bullying & more.....

Visit our 'Downloads' page or click link. **CLICK HERE******



Interested in getting some more help and advice?

why not arrange one of our

'Parenting in the Digital World'

Live Virtual sessions

(delivered on ZOOM during the evening for you at home)

for your school, group or business.

Keep everyone at home safer Online.

*******Click here to find out more*******

Just shout if you need any more help!

web: www.thestaysafeinitiative.org.uk
mail: richard@thestaysafeinitiative.org.uk
phone: 01666 577269

#staysafestayawesome

